



KO Spa, Ormonde Street, Kilkenny
 To book a treatment contact Tel: 056 7750207

Opening Hours: Monday & Sunday: by appointment
 Tuesday, Wednesday & Saturday: 10am - 6pm
 Thursday & Friday: 10am - 8pm

Massage for Body and Soul

Hot Stone Massage

Warm basalt stones are used to slowly release heat into the belly of the muscle to melt away tension. Small stones are placed on key energy points, whilst luxuriously warmed oils are worked deeply into the body for maximum relaxation, includes a relaxing Scalp Massage.

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| Full Body (70mins) | €95 |
| Back, Neck & Shoulders (40mins) | €55 |
| Foot & Leg Massage (20mins) | €30 |
| Face & Scalp Massage (20mins) | €30 |



Hands & Feet

Foot Retreat (50mins) €65

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a sea salt exfoliation from the knees to the feet. You will then experience a deeply relaxing massage of the lower legs, a double action seaweed foot mask and fresh leaves of seaweed wrapped around the legs to reduce swelling and soften tired feet. Ideal for pregnancy. Includes file and polish along with a relaxing scalp massage.

Pedi Treat & Tidy (35mins) €30

Hand Retreat €60

This luxurious Voya specific manicure will take you into a complete state of pamper and relaxation. The hands are washed and exfoliated before a warm hydrating, anti-ageing and detoxifying mud mask and fresh seaweed leaves are applied to the hand and forearm and left to soak in. The hands are then moisturized before finishing with the cuticle work and file and polish.

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| Fingertip Treatment (25mins) | €25 | |
| Nail Shape And Polish (30mins) | €18 | / €20 French |
| Shellac Hands Or Feet | €25 | / €30 French |
| Shellac Hands & Feet | €45 | / €55 French |

*Upgrade Any Full Manicure Or Pedicure To Include A Shellac Polish For An Additional €15

KO SPA Signature Treatments

Full Day Refresh (3.5hrs) €210

Full Body Swedish Massage, VOYA Signature Ocean Fresh Facial, VOYA Stimulating Body Buff and Light Lunch Included.

Half Day Refresh (2hrs) €180

Back, Neck & Shoulder Massage, VOYA Signature Ocean Fresh Facial and Revitalising Body Polish.

Voya Facial Treatment

VOYA's organic treatments are especially recommended for those who are over worked, stressed or simply seeking an effective natural detoxifying process for the skin. VOYA will delight and relax the soul while enhancing the mind and body.



Seaweed Eye Marine Treatment Add this to any facial for an extra €25

Organic laminaria digitata seaweed eye patches are hand harvested from the wild Atlantic ocean. This is an ultimate treat for refreshing and rejuvenating tired eyes.

The Deluxe Facial Experience (80mins) €95

This revolutionary Seaweed facial begins with a back dry body brush and back massage. For the organic facial, after exfoliation and 20 minute facial massage, freshly harvested organic seaweed leaves are placed onto your face over a warm seaweed mask. This is the crème de la crème of all facials, it will revive and soften dry and dehydrated skin and includes a relaxing scalp massage.

Anti-Aging Seaweed Facial (70mins) €85

Suitable for all skin types. A highly restorative facial designed using a combination of VOYA's organic seaweed face strips with pro-collagen extracts and anti-oxidant ingredients. This facial helps fight the signs of visible aging, reducing fine lines and wrinkles and hydrating delicate skin. The result is instantly firmed and tightened skin, with a natural radiant glow.

Self Discovery Radiance Facial (55mins) €70

This facial is tailored to your skin type. Depending on your skin type Choose from:

Purifying porefection – deep cleansing facial for oily / combination skin

Intense hydra veil – deeply hydrating facial for dry / dehydrated skin

Ultra calming – soothing and calming facial for sensitivity

Intense Defence Facial Men (70mins) €85

This facial is tailored specifically for men. It deeply cleanses the skin, hydrates and is anti ageing. This facial includes fresh seaweed leaves placed over a warm anti ageing facial mask.

VOYA Express Facial (45mins) €50

Perfect for those with limited time, this is a mini version of our Ocean fresh Facial. It includes a deep cleanse, rejuvenating exfoliation and hydrating mask includes our relaxing scalp massage.

VOYA Body Treatments

Massage Treatments

VOYA Back, Neck & Shoulder Massage (25mins) €45

An invigorating massage that rejuvenates your skin by deeply infusing it with the world's only organic seaweed oil from VOYA. Our seaweed oil renews damaged skin cells, adds tone and elasticity and combats cellulite and the signs of ageing.

The VOYA Massage-Full Body (55mins) €80

An invigorating massage that rejuvenates your skin by deeply infusing it with the world's only organic seaweed oil from VOYA. Our seaweed oil renews damaged skin cells, adds tone and elasticity and combats cellulite and the signs of ageing.

VOYA Total Massage Journey (80mins) €99

A complete massage incorporating body buffing and brushing, foot massage, back treat, stretches and deep muscle body massage. This luxury treatment relieves aches and pains and hydrates the body.

Exfoliation Treatments

Organic Lavender or Peppermint Seaweed Sugar Glow (55mins) €80

This treatment uses a medley of ingredients to invigorate, exfoliate and nourish the skin. Afterwards you enjoy a light cleansing shower and short relaxing massage. A gentle aromatic body sugar scrub that melts tired muscles and soothes and softens the skin.

Stimulating Seaweed Body Buff (55mins) €75

This is the ultimate treat for tired and dull skin. The anti-oxidants of our mineral rich Bladder Wrack seaweed, combined with massage oils offer a powerful organic way to glowing skin.

Organic Hydrating Body Scrub (55mins) €70

Our dual action lathering Time to Shine body buff exfoliates with finely ground walnut shells and nourishes your skin with a blend of almond oil, seaweed and ginger extracts. Our gentle yet effective formula removes rough and listless-looking skin cells, to reveal vividly refined softer, silky smooth skin. A cream based exfoliator, medium-coarse.

Wraps

Tangle Me Up (75mins) €100

This all over body treatment revitalizes the skin, with a full body brush and a luxurious warm seaweed body mask which relaxes tired and lethargic muscles and relieves stress and fatigue. Antioxidant compounds fight cellulite and the signs of aging, improving the suppleness and elasticity of your skin. VOYA's body wrap will have you untangled and tingling. Includes a relaxing scalp massage.

Organic Warmed Spices Mud Wrap (75mins) €100

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the rich mud wrap. The extract is rich in potent anti-oxidants and minerals. Definitely for the results driven client, this wrap offers immediate and noticeable effects to the skin, including firming and toning the body. This is a serious detoxifier, metabolism stimulator and a natural anti-ageing boost.

All treatments are Soil Association and USDA certified.

Pregnancy

The following treatments are suitable during pregnancy from the second trimester: Foot Retreat, Seaweed Eye Marine Treatment, Anti-Aging Restorative Facial, Self Discovery Radiance Facial.