



KO SPA SIGNATURE TREATMENTS

Full Day Refresh €260

3 hours followed by light lunch, express full body exfoliation, warm spiced mud wrap, self discovery radiance facial and back massage

Half Day Refresh (2 hours) €180

Back massage, foot and leg massage and self discovery radiance facial

Pregnancy Mother and Bump Package (2 hours) €170

Organic precious moments and self discovery radiance facial



**Tinting and waxing are available.
Please call KO Spa to discuss your needs and to book
an appointment.**

Waxing, tinting and tanning needs to be patch tested 24 hours prior to appointment.



VOYA FACIAL TREATMENTS

VOYA's organic treatments are especially recommended for those who are over worked, stressed or simply seeking an effective natural detoxifying process for the skin. VOYA will delight and relax the soul while enhancing the mind and body.

Anti-Aging Seaweed Facial (70mins) €90

Suitable for all skin types but especially for those in search of anti-ageing results. A combination of VOYA's organic seaweed leaves straight from the Atlantic ocean and pro-collagen extracts and anti-oxidant ingredients. This facial helps fight the visible signs of ageing, reduces fine lines and wrinkles and hydrates delicate skin. The result is instantly firmed and tightened skin, with a natural radiant glow.

Upgrade to our deluxe facial experience which extends this award winning facial to a 1hr 30 minute treatment with an invigorating back body brush and a muscle melting back massage for €110

Self Discovery Radiance Facial (1 hour) €85

This facial is specifically and professionally tailored to your skin type. Choose from:

- purifying facial - deep cleansing facial for oily/combination skin
- intense hydra veil - deep hydrating facial for dry/dehydrated skin
- ultra calming - soothing and cooling facial for sensitivity
- intense defence for men

VOYA Resurfacing Radiance Facial (1 hour) €80

This is the next generation of advanced organic skincare. a highly effective resurfacing facial targets congested, lack lustre and dull skin. Using a combination of seaweed extract, naturally derived glycolic and lactic acids, blended with pineapple fruit enzymes, this facial will give your skin back its natural radiant glow, diminishing fine lines, reducing pore size brighten the skins appearance.

Seaweed Eye Marine Treatment

45 mins €70 or 20 mins for €30 if added on to another treatment.

Organic hand harvested Laminaria Digitata seaweed leaves from the atlantic ocean are placed over the eye area following a deeply relaxing lymph drainage massage as the ultimate treat for refreshing and rejuvenating tired eyes.

VOYA Express Facial (45mins) €60

Perfect for those with limited time and suitable for all skin types. This Treatment involves a deep cleanse, rejuvenating exfoliation and hydrating mask to renew and rehydrate including a facial lymph drainage massage and scalp massage to relax the senses.



MESSAGE FOR BODY & SOUL

VOYA Voyager Massage Journey (90mins) €120

A complete top to toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains tailored to individual needs. Choose your oil: uplifting /relaxing/muscle melting

Mindful Dreams Sleep Ritual

(60mins) €100

BEST
SELLER

Discover the restorative power of wild, organic seaweed on the skin and let the wondrous scent of lavender and rosemary envelop body and soul and melt away any stresses, promoting relaxation, inner harmony and a peaceful night's sleep. This powerful sleep encouraging experience incorporates specially designed soothing oils alongside sleep inducing cultural massage and meditation techniques. This wellbeing focused treatment evokes instant tranquility and nurtures inner wellbeing, calmness and serenity.

VOYA Back, Neck And Shoulder Massage

(30mins) €60

An invigorating muscle melting massage designed to be tailored to your specific needs rejuvenates your skin by deeply infusing it with the world's only organic seaweed oil from VOYA.

VOYA Foot And Leg Massage

(30mins) €50

A foot and leg massage is incomparable pleasure, waking up tired legs and feet, soothes aches and pains and leaves the leg muscles in tone. This unique relaxing experience will begin and end with a warm towel foot cleanse



VOYA BODY TREATMENTS

Exfoliation Treatments

(55mins) €80

Using a medley of ingredients, the therapist uses relaxing massage movements to work the exfoliation into the skin to remove dead skin cells and soothe and soften the skin. Afterwards enjoy a light shower and application of body moisturiser with short massage movements all over the body to replenish the skin.

Choose from the below options:

- **Organic Lavender And Seaweed Sugar Glow** exfoliates, resurfaces and polishes while being calming, relaxing and deeply detoxifying.
- **Peppermint Seaweed Sugar Glow** resurfaces, smooths and polishes while being uplifting, refreshing and detoxifying.
- **Stimulating Seaweed Body Buff** anti-ageing, increases circulation, reduces cellulite appearance and removes dead skin cells.

Wraps

Organic Seaweed Leaf Wrap

(90mins) €130

Unlike any other seaweed treatment, this truly amazing detoxifying therapy uses real organic seaweed leaves to scrub and wrap your body. Beginning with a bladderwrack body buff, this treatment detoxifies firms and softens the skin and is excellent in conjunction with a weight loss programme. The whole body is then covered in laminaria seaweed leaves for instant results. Completed with an application of Softly Does It to nourish and soften.

Organic Ocean Essence Body Wrap

(90mins) €130

Combining the detoxifying power of fucus vesiculosus and cellulite reducing abilities of laminaria digitata, this treatment stimulates the blood and lymph flow, detoxifies and hydrates the skin and encourages the renewal of skin cells. It is an excellent skin rejuvenator, combating cellulite and fatigue and producing a moisturising effect.

Organic Warm Spiced Mud Wrap

(70mins) €110

The seaweed is taken fresh from the ocean and its purifying elements are released from this rich warm spiced mud wrap. The extract is rich in potent anti-oxidant and minerals. This wrap offers immediate and noticeable effects to the skin, including firming and toning the body. This is a powerful detoxifier, metabolism booster and provides a stimulating natural anti-ageing effect. It is infused with aromatic spices of ginger and orange which also revives the senses.

All treatments are Soil Association and USDA certified.

Pamper
yourself in
this oasis
of calm

PREGNANCY

Organic Precious Moments

(60mins) €95

VOYA's Organic Precious Moments treatment is tailored specially to Mum and her growing bump. The growing bump is enveloped in a specialized mask helping to support connective tissue and prevent stretch marks. Your feet will be wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage and reduce fluid retention. The hydrating organic masks work their magic while Mum enjoys a beautifully relaxing face, hand and arm massage. This is the perfect rejuvenating treatment to support the wonderful journey to motherhood

Note: If this pregnancy treat is not to your taste, all our facials along with our VOYA foot and leg massage are suitable for pregnancy. Full body, back massages, wraps and scrubs are not suitable during pregnancy.



...And Relax

As a guest of KO Spa, you can enjoy time out in our Relaxation Room after to your treatment as well as complimentary access to the swimming pool, sauna and steam room in the Ormonde Leisure Club.

Cancellation must be made 24 hours in advance or a 50% charge applies. Clients are advised to arrive 15 minutes prior to your appointment, as treatments will commence at the time(s) given. Treatments will be shortened for late arrivals.

Medical Conditions:

Please advise of any cancer history, medical conditions or medical treatments and pregnancies at the time of the booking.

Opening Hours:

Sunday and Monday by appointment
Tuesday to Saturday 10am till 6pm



KO Spa, Ormonde Street, Kilkenny
To book a treatment contact Tel: 056 7750207